

Using the BSP-QEII- Naomi Dooley,
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The plan for our session:



What is it?



Is it any good?



How do I use it?



I've done it, erm what now?/ what we did and found



Summary



Questions and comments

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Disclaimer!!!



I discovered I have access to “stock images” during the development of this presentation. I will be using the cheesiest that I possibly can, throughout. I have no regrets.

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BSP QE11: What is it?

- Much easier to talk about as the BSP-QEII
- 24 items
- Each item can be scored 0-2.

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BSP QE11: What is it?

- Originally developed to assess quality of Behaviour Support Plans in schools in the US (Browning-Wright et al 2003)
- 24 items

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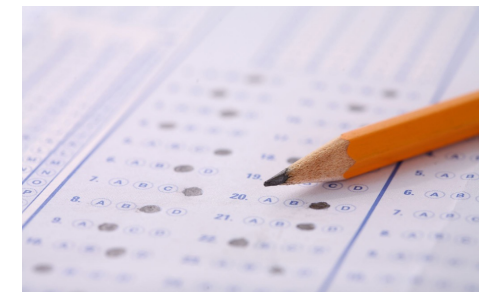
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BSP QE11: What is it?

- Scoring
 - 0 is scored when the item is absent from the plan, or when inaccurate/negative language is used, or the plan is illogical.
 - 1 is scored when there is some attempt at addressing the item, but this isn't entirely clear, doesn't easily link to other aspects of the plan.
 - 2 is scored when the item has been fully included in the plan, is logical, specific and measurable.
 - Handy drop down definitions!

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BSP QE11: Is it any good?

Adults with ID and challenging behaviour:

Measurable changes in plan quality over time

McVilly et al 2012

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BSP QE11: Is it any good?

If you've got a good quality plan, there is less likelihood of restraint and/or seclusion

Richardson, Webber & Lambrick 2019, Webber et al 2012

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BSP QE11: Is it any good?

overmedication of people

No explicit research on this yet BUT

Gerrard et al (2019)

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BSP QE11: Is it any good?

"I already know what I'm doing".

Training practitioners in the key components of the BSP QE11 leads to better quality PBS plans AND a possible reduction in maladaptive behaviours.

Browning-Wright et al (2007)
O'Dwyer, McVilly, & Webber, (2017)

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BSP QE11: Is it any good?

What we did

Good news

Bad news

Overall

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BSP QE11: Is it any good?

Q: Are the scores reliable?

Service user BSP	PRE (original scores)	PRE (external reviewer)	Item-by-item* IRR pre	POST (original scores)	POST (external reviewer)	Item-by-item IRR post	Quality Rating POST	Overall inter-rater reliability
BRUNO	3	4	11/12 = 92%	12	12	10/12 = 83%	WEAK	87%
Y	4	4	12/12 = 100%	10	10	12/12 = 100%	WEAK	100%
Z	4	4	12/12 = 100%	9	9	12/12 = 100%	WEAK	100%
X	4	4	12/12 = 100%	10	9	11/12 = 92%	WEAK	96%
GERALDINE	9	5	8/12 = 67%	12	8	8/12 = 67%	WEAK	67%
DALE	8	6	9/12 = 75%	19	13	7/12 = 58%	UNDERDEV ELOPED	67%
JIM	7	5	10/12 = 83%				WEAK	83%
HARRY	14	13	11/12 = 92%				UNDERDEV ELOPED	92%

Overall IRR for all BSP's: 86%





BSP QE11: Feedback from reviewer

Found the BSP-QE11 quite restrictive and challenging.

Thought the quality of plans was good but this wasn't captured by the tool.

We aren't alone in this!!!





BSP QE11 Example:

When Boris gets upset, he might engage in property destruction to get you to talk to him.

Boris likes having people around him, so don't leave him on his own for long. Stay nearby and talk to him often.

Make sure you are nearby Boris when he is watching TV. Support Boris to use Makaton or his words to get what he needs.

If you see signs that he is becoming upset, move away, give him lots of space and time alone to calm.

WTF?

(Whats the function???)



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- **Boris likes** having people around him and loves a "party atmosphere". He is currently learning how to enjoy time alone and can cope being left alone for up to **five** minutes.
- Boris is likely mumble quietly, avoid eye contact and wave his arms above his head when he is upset. These are **warning signs** Boris is unhappy.
- If these aren't responded to, he might start **throwing objects at staff** nearby, for example his mug, photo frames and pillows. This is our main behaviour we are working on reducing.
- We think Boris does this to get people to talk to him (the **function of this behaviour**), as he usually does it when hes not getting much interaction or is not engaged in something he likes.
- Boris is more likely to show warning signs **then throw objects** 15-30 minutes after his Dad has gone home, staff talking to each other and not him, and when his favourite TV program (Take Me Out) finishes.
- We are currently working on **teaching Boris how to get staff attention** to see if this reduces the number of items thrown.

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Throughout your shift talk to him at least every 2-3 minutes that you are with him. Sign to him using Makaton as you speak.

If you must leave him, tell him where you are going and when you will be back.

When Boris' Dad leaves, Take Me Out ends or when staff talk to one another, sign "talk" and record whether Boris copies the sign and/or says "talk" on the "skills I am learning" data sheet that is in his folder in the office.

If you see warning signs at ANY time , sign "talk" and record whether Boris copies the sign and/or says "talk" on the "skills I am learning" data sheet in his folder in the office.

If Boris signs or says "talk" spend 10 minutes talking with him, use Makaton whilst talking. See his Communication plan for further details.

If Boris doesn't copy the sign or says "talk" spend 2 minutes talking to him, use Makaton whilst talking. After 2 minutes, wait and see what he does and repeat if warning signs are observed.

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Speak





BSP QE11: How do I use it?

- Get familiar with the tool.
- Pick an existing PBS plan and read through it, looking out for each item
- Read through it again, scoring it as you go.
- (Extra kudos go to those who get a colleague to also score it, no peeking! Discuss any disagreements in scoring)
- Probably will need to “tweak” your PBS plan format.
- Just get started!

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BSP QE11: How do I use it?

- Will highlight weakness/gaps in your PBS plan format.
- Will highlight any gaps in your assessment and intervention process.
- Will give you a baseline to measure quality improvement over time.

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BSPQE11: Ive done it! Erm, what now?

What we did:

- Evaluated scores across the sample
- Identified key themes/weaknesses/strengths
- Gave the PBS template a makeover!
- Did a little check to make sure we aren't totally bias.
- Came here to talk to you lot!
- PLAN: Next steps...

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“

...And they all
lived happily
ever after...

”





What next

Key weaknesses & opportunities for development





But wait!

- Those pesky researchers...
- Nick Gore, Peter Baker, Jill Chaplin, Suzi Sapiet et al and the Tizard centre / [SF-DDARIN](#) .
- As a provider, we are taking part as stakeholder in new PBS quality tool with a UK context focus.
- Watch this space!

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Summary

BSP QE11 is a useful tool to make sure you are on the right path.

Backed up by clever research.

It has its limitations within the UK social care sector.

Progress not perfection!

There isn't much else out there to use, but watch this space.





References

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Questions/discussion



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